Thinking, Fast And Slow By Daniel Kahneman - A 30-Minute Summary
With Instaread Summaries, you can get the summary of a book in 30 minutes or less. We read every chapter, summarize, and analyze it for your convenience. This is an Instaread Summary of Thinking, Fast and Slow by Daniel Kahneman. Below is a preview of the earlier sections of the summary. Introduction: In this book, Daniel Kahneman hopes to identify and understand errors of judgment and choice. He wants to provide a richer and more accurate vocabulary to discuss these errors. He worked with his colleague, Amos Tversky, doing research on intuitive statistics. The two of them had already concluded in an earlier seminar that their own intuitions were lacking. Their subjective judgments were biased, they were too willing to believe research findings based on inadequate evidence, and they collected too few observations in their own research. The goal of their study was to find out whether other researchers had this problem as well. Kahneman and Tversky found that participants in their studies ignored the relevant statistical facts and relied exclusively on resemblance. They used resemblance as a heuristic (rule of thumb) to simplify things when making a difficult judgment. Relying on this heuristic caused predictable biases (systematic errors) in their predictions. The research partners learned that people tend to determine the importance of issues by how easy they are retrieved from their memory. This is brought about in large part by the extent of coverage of the issues in the media. Kahneman presents a view of how the mind works, drawing on recent developments in cognitive and social psychology. He explains the differences between fast (intuitive) thinking and slow (deliberate) thinking. People have a limitation in their minds: an excessive confidence in what they think they know.

Book Information
Audible Audio Edition
Listening Length: 1 hour and 7 minutes
Program Type: Audiobook
Version: Unabridged
Publisher: Instaread Summaries
Audible.com Release Date: September 15, 2014
Language: English
ASIN: B00NLLLVNA
Customer Reviews

Overall, I found this summary extremely useful, and being able to get it on Audible was perfect. I'm in grad school and wanted to review Thinking Fast and Slow but haven't had time to read the whole book. The summary did make me want to buy the book, so I could get more examples to help me remember the principles the author describes (obviously this summary gives the "bullet points" and not a lot of illustrative examples). I give the content of the book 4.5 stars. For the format though, I found the recording quality a little inconsistent (volume not always stable. It maybe have been an Audible problem, but it also seems to cut out/skip some words).And two things that made me crazy/annoyed and lowered my opinion of the Instaread Summaries experience--30sec summary:1. The words "causal" and "casual" are very different words, and the narrator seems not to recognize this, which really skews the meaning in some parts. I'd expect more narration precision in such a concise book, especially when misreading significantly impacts the concept being discussed.2. There's a random negative review of the full-length book at the end of the summary, which seems out of place and ethically questionable. Full-length:1. The narrator appears not to know the word "causal" as in, cause and effect. Over and over again, he says "casual," as in, not very serious. "Causal thinking" and "casual thinking" mean very very different things. The author is talking about how it's a human tendency to think in terms of cause-and-effect even when the occurrence of certain events happens just by random chance. The narrator is making it sound like people are not taking events seriously.

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