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Dry: A Memoir
Synopsis

From the New York Times Bestselling author of Running With Scissors comes the story of one man trying to out-drink his memories, outlast his demons, and outrun his past. I was addicted to Bewitched as a kid. I worshipped Darren Stevens the First. When he’d come home from work and Samantha would say, “Darren, would you like me to fix you a drink?” He’d always rest his briefcase on the table below the mirror in the foyer, wipe his forehead with a monogrammed handkerchief and say, “Better make it a double.” (from Chapter Two)

You may not know it, but you’ve met Augusten Burroughs. You’ve seen him on the street, in bars, on the subway, at restaurants: a twentysomething guy, nice suit, works in advertising. Regular. Ordinary. But when the ordinary person had two drinks, Augusten was circling the drain by having twelve; when the ordinary person went home at midnight, Augusten never went home at all. Loud, distracting ties, automated wake-up calls and cologne on the tongue could only hide so much for so long. At the request (well, it wasn’t really a request) of his employers, Augusten lands in rehab, where his dreams of group therapy with Robert Downey Jr. are immediately dashed by grim reality of fluorescent lighting and paper hospital slippers. But when Augusten is forced to examine himself, something actually starts to click and that’s when he finds himself in the worst trouble of all. Because when his thirty days are up, he has to return to his same drunken Manhattan life and live it sober. What follows is a memoir that’s as moving as it is funny, as heartbreaking as it is true. Dry is the story of love, loss, and Starbucks as a Higher Power. --This text refers to an out of print or unavailable edition of this title.

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Addiction is not funny. And recovery is not entertaining. Unless, that is, these subjects are in the hands of Augusten Burroughs. Then, it is not merely unexpectedly funny and entertaining but appropriately poignant and touching as well. In DRY, the follow-up to his bestselling memoir RUNNING WITH SCISSORS, Burroughs is all grown up and working in the cutthroat world of advertising. To cope with his high stress and demanding career, not to mention the issues and trauma surrounding his childhood, Burroughs drinks. And drinks. And drinks. In order to keep his job, Burroughs checks himself into a 30-day rehabilitation program. With the support of the rehab staff and his fellow patients, he starts to evaluate his drinking and his life, soon admitting to his alcoholism. But when he finds himself back at work, surrounded by old friends, enemies and drinking buddies, sobriety proves to be a difficult challenge. With sobriety, Burroughs must not only come to terms with his friendship with HIV positive Pighead, he must also make painful choices about new friends and lovers. Sober living is, of course, not without its temptations and Burroughs is honest that not all of his post-rehab decisions were good ones. But honesty is a key component in DRY; it is never lacking in this memoir. Powered by lots of coffee and fresh insight, Burroughs is just as hilarious in describing his navigation of a life clean and sober as he is in describing his drunken escapades. The supporting cast is full of similarly neurotic figures, which just goes to show you that everyone has an interesting story to tell. Burroughs, however, concentrates on his own and the book reads like a cross between a great tale told to close friends, a stand-up routine and, most often, a therapeutic catharsis. DRY is simply wonderful.

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